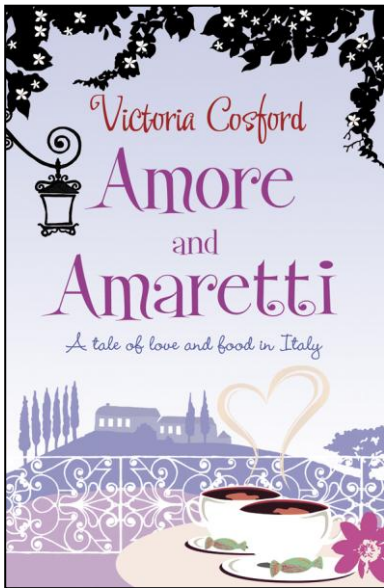


Summersdale New Book Press Release

For lovers of all things Italian:
the culture, the people, the food and the romance
PUBLICATION DATE: 7 June 2010



Amore and Amaretti

A Tale of Love and Food in Italy

Victoria Cosford

ISBN: 978 1 84953 051 4 Paperback 320 pages £7.99 June 2010

- **L'appetito vien mangiando!**
Appetite comes while you are eating!
- **La tavola e il letto mantien l'affetto**
The table and the bed keep love alive

A feast for the senses

- A mouth-watering gourmet travelogue – with a scrumptious helping of latin-lover
- Includes authentic and enticing recipes throughout

Vicky arrives in Tuscany to study the language and culture of Italy, but soon falls in love with charismatic chef Gianfranco and starts to learn the art of Italian cooking in his trattoria. On Sunday nights, after benches are stacked on tables, they explore the countryside by car, passing glassy lakes and ancient hill towns.

This colourful and intoxicating gastro-memoir takes you behind the scenes of romantic restaurants and bars in Tuscany, Umbria, Elba and Perugia. Interspersed with recipes, humour and heartbreak, it will leave you entranced and with a hankering for tagliatelle and truffles.

“Her marvellous descriptions of restaurant life take us behind the scenes to a Tuscany rarely seen by tourists and travellers. Her recipes are fabulous too!”

Joanna Savill, Director of the Sydney Morning Herald's International Food Festival

Media opportunities:

- Photos available
- Extracts / serialisations
- Competition prizes
- Author is a journalist and can write exclusive features for you
- Review copies will be available

Author, Victoria Cosford has had articles published in *Gourmet Traveller* and is now a journalist for *The Echo* in Byron Bay, NSW, Australia, where she also teaches Italian cooking.

Amore and Amaretti is published by Summersdale and available through all good bookshops and internet booksellers or by telephoning Summersdale.

To request review copies or to be put in touch with the author please contact Elly Donovan.



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