



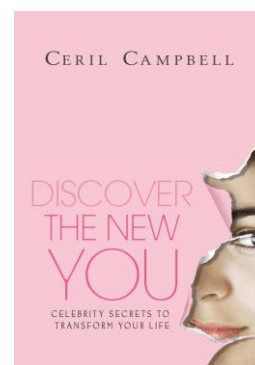
DISCOVER THE NEW YOU

Celebrity Secrets to Transform Your Life

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Ceril Campbell has enhanced the images of international celebrities, models, sportspeople, actors and even royalty. Celebrities styled include Ringo Starr, Jane Seymour, Darcey Bussell, Anna Kournikova, Cat Deeley, Katherine Jenkins and Zara Phillips. She now helps real women with their inner and outer confidence, style and self-development, helping them to feel good about themselves.



Her words of wisdom are rooted in twenty-five years' of experience in all areas of fashion and working alongside health, beauty and fitness gurus. Revealing the secrets behind red carpet glamour, she offers simple but brilliantly effective advice on style and self-esteem.

Wanting to change can happen anytime, whatever your age. It can happen because of unhappy relationships, break-ups, pregnancy or weight gain or loss. Maybe you don't want a major overhaul, just a few tweaks to enhance your image.

This book is not a diet plan or an exercise plan. It's not a quick fix. Discover the New You takes you on a personal journey, step by step with Ceril, detailing how every woman can feel special regardless of weight, shape and size. This is the ultimate guide to making the very best of what you've got, whilst moving forward with confidence for the rest of your life.

'Ceril has great style and is a true pro.' *Jemma Kidd*

'I was once told that if I were a dog, I would have been a whippet rushing round in circles. If that's true, when Ceril Campbell must have been a sheepdog in a past life. All she has to do is whistle and I find myself striking a pose like a well-trained lamb.' *Tara Palmer-Tompkinson*

'Ceril has a terrific eye for style and how to bring the best out of someone... I can honestly say that Ceril made every player she worked with, from Serena Williams, Anna Kournikova to Kim Clijsters look truly stunning, and the shoots we've done with her have been amongst the most glamorous we've done.' *John Dolan, SONY ERICSSON WTA (Women's Tennis Association) TOUR*

For more information:

If you would like further information or a review copy of the book please contact Elly Donovan: 01243 771107 elly@summersdale.com