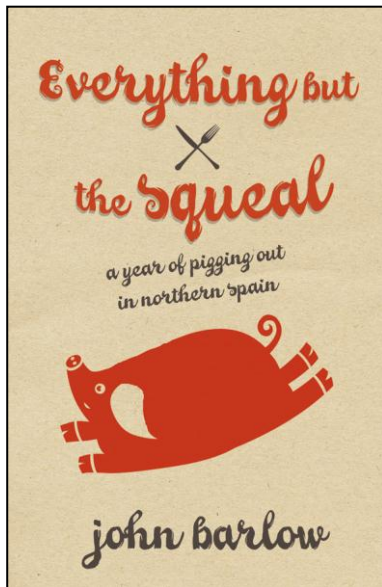


● Summersdale New Book Press Release ●

Quirky travel in Northern Spain –
one man's gastronomic mission to eat every part of the pig!
PUBLICATION DATE: MAY 2009



Everything but the Squeal

A Year of Pigging Out in Northern Spain

by

John Barlow

ISBN: 978 1 84024 740 4 Paperback 320 pages £7.99 May 2009

"The platter of cocido is a magnificent sight. It's as if Pablo Picasso and Jackson Pollock polished off a bottle of cooking brandy and then decided to rustle up a pork dinner ... I consider the sheer amount of animal matter before me, and take up cutlery ..."

A hilariously quirky travel book and an adventure in extreme eating, John Barlow challenges our perceptions of food, gluttony and vegetarianism.

John Barlow, a self-confessed glutton, finds himself in a meat-lover's paradise that is Galicia, in Northern Spain. Pork is the most popular meat on the planet but the people of Galicia (the misty-green north-west corner of Spain) revere the meat so deeply that they consume every part of the pig.

This starts Barlow thinking about our relationship with food – what's delicious, what's nasty and what sort of obligation we have to the animals we eat.

Over the course of one glorious, bilious year, Barlow tries the patience of **his vegetarian wife** as he goes the whole hog and vows to eat everything but the squeal: from cocido in a *cantina* to a chorizo feast at Carnical; from ribs to roast ham all washed down, of course, with local wine – delicious!

A thoroughly entertaining and thought-provoking read for

- keen cooks and food-lovers – who will enjoy the sometimes mouthwatering, sometimes shocking descriptions of traditional Galician dishes
- anyone who loves Spain and its culture

The author is available for interviews. We can also supply photographs.

Author, John Barlow, is a native of West Yorkshire and lives in Spain. In 2004 he published *Eating Mammals: Three Novellas* and in 2006, *Intoxicated: A Novel of Money, Madness, and the invention of the World's Favourite Soft Drink*.

Notes to Editors:

- **Everything but the Squeal** is published in May 2009 by Summersdale and will be available through all good bookshops and internet booksellers or by telephoning Summersdale.
- **For further information or to be put in touch with the author** please contact Elly Donovan on: 01243 771107 or email elly@summersdale.com



summersdale publishers ltd

Press and Media Enquiries: Elly Donovan: elly@summersdale.com

46 West Street, Chichester PO19 1RP

Tel: 01243 771 107 Fax: 01243 786300 www.summersdale.com