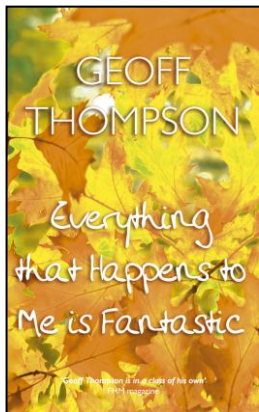


Summersdale Press Release
Inspirational self-help from BAFTA-winning author
Publication Date: August 2009



Everything that Happens to Me is Fantastic

By Geoff Thompson

ISBN: 978-1-84024-768-8 Hardback August 2009 £9.99

Geoff Thompson is living proof of the power of positive thought. In this volume of life lessons and modern-day musings, the third in the series, Geoff provides the toolkit with which to fix your life by altering your attitudes, thus realising your full potential. Rooted in his own extraordinary tough experiences, Geoff's honest and down-to-earth approach is inspiring, insightful and highly effective.

"This is your life. If you leave it to others they will feed, force or coerce you into their reality. And where's the fun in that?"

Writer, teacher and martial arts guru, Geoff took up martial arts to ward off the school bullies. Later he employed his skills as a nightclub bouncer who was both feared and respected, but he, himself, was gripped by self loathing. Too scared to pursue his dream of becoming a writer, it wasn't until one of his doormen colleagues was killed in a vicious attack that he was able to turn his back on violence and take the first few steps towards a longed-for a new life; a life with inner peace at its core.



The third in this series of self-help titles by Geoff Thompson, *Everything That Happens to Me is Fantastic* follows on from *Everything That Happens to Me is Good* (ISBN 978 1 84024 597 4) and also *Everything That Happens to Me is Great* (ISBN 978 1 84024 684 1).

Feature opportunities: recession-induced depression, personal development, self-help/improvement, rags to (spiritual) riches story, brain retraining.

The author of over 30 books, a stage play and a BAFTA winning film, Geoff's autobiography, Watch My Back, a Sunday Times bestseller, has been adapted into a major motion picture 'Clubbed'. Written by Geoff, 'Clubbed' was released in January 2009, when it was heralded by BRITISH FILM magazine as 'a new Brit stunner.'

Geoff Thompson is a world-renowned martial arts instructor and motivational speaker. He has a large, loyal following and he conducts workshops and seminars to encourage others to take control of their fears. Geoff lives with his family in Coventry.

Geoff Thompson is available for media interviews, talks and book signings. Review copies of other Geoff Thompson titles are available on request



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