



# NOW PANIC AND FREAK OUT

ISBN: 978 1 84953 103 0    Hardback    160 pages    £4.99    June 2010

*'Caution: cape does not enable user to fly'*    Warning label on a Batman costume

*'They couldn't hit an elephant at this dist—'*    The last words of General John Sedgwick

Keep Calm and Carry On is all very well, but life just isn't that simple. Let's own up and face facts: we're getting older, the politicians are not getting any wiser, and the world's going to hell in a handbasket. It's time to panic.

Here's a book packed with quotations proving that keeping calm is simply not an option.



# KEEP CALM AND DRINK UP

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*'In victory, you deserve champagne; in defeat, you need it'*    Napoleon Bonaparte

*The water was not fit to drink. To make it palatable, we had to add whisky. By diligent effort, I learned to like it.*    Winston Churchill

Keep Calm and Carry On, a World War Two government poster, struck a chord in recent difficult times when a stiff upper lip and optimistic energy were needed again. But in the long run it's a stiff drink and flowing spirits that keep us all going.

This is a book packed with proverbs and mantras showing the wisdom to be found at the bottom of the glass.

**Now Panic and Freak Out** and **Keep Calm and Drink Up** are published by Summersdale and are available through all good bookshops and internet booksellers, or by telephoning Summersdale.

**To request review or competition copies** please contact Dean Chant on: 01243 771107 or: [dean@summersdale.com](mailto:dean@summersdale.com)

