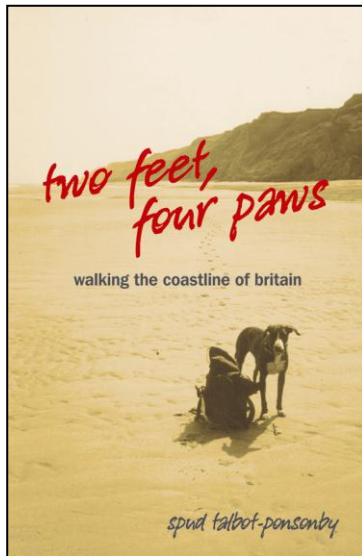


● Summersdale Press Release ●

Now available again: One headstrong dog and one feisty young woman walk the coastline of Britain in a heart-warming and revealing adventure

PUBLICATION DATE: 6th APRIL 2009



Two Feet, Four Paws

Walking the Coastline of Britain

by

Spud Talbot-Ponsonby

ISBN: 978 1 84024 738 1 Paperback 320 pages £7.99 April 2009

I had found Tess in an urban dogs' home; and she was the antithesis of me. She was unused to open spaces, chased everything which moved, had never seen the sea, stiles, fences or farmyards, loved rubbish bins, preferred to walk on tarmac instead of grass and was streetwise to the perils of territorial dogs and traffic pollution... I let Tess off the lead at the first footpath, and she raced off with sheer joy at her freedom ...

Take one headstrong dog and a feisty young woman, and send them off on a walk for the equivalent distance of London to Delhi. Tess the dog flirts outrageously with good-looking farmers and charms unsuspecting toddlers into parting with their ice creams as her apologetic owner follows.

From sleepy fishing villages to urban streets, spotting avocets and flamingos along the way, Spud slows life down for a year and experiences the coastline of Britain with its eccentric mix of innovation and tradition as she walks an impressive 4,500 miles to raise money for charity.

Two Feet, Four Paws is the heart-warming tale of one dog and a woman who, together, face the daily physical and mental challenges with a sense of humour and more determination with every mile they cover.

Will appeal to

- walkers
- anyone interested in the British coastline
- and, of course, dog lovers too!

Author, Spud Talbot-Ponsonby is also the author of *Small Steps with Heavy Hooves*. She lives on a farm near Kelso in the Scottish Borders.

Notes to Editors:

- **Two Feet, Four Paws** is published by Summersdale and available through all good bookshops and internet booksellers or by telephoning Summersdale.
- **To request further information or to be put in touch with the author** please contact Elly Donovan on: 01243 771107 or email elly@summersdale.com



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